



HSE NEWS

WORKING FOR YOU TO KEEP YOU SAFE

Latest HSE Statistics YTD 31 Dec

	2013	2014
Workplace fatalities	2	4
Non-work related fatalities	9	4
Non-accidental deaths (NADs)	9	13
Lost Time Injuries (LTIs)	44	58
All injuries (excluding first aid cases)	167	178
Motor Vehicle Incidents (MVIs)	148	114
Roll over - MVIs	31	37
Serious MVIs	N/A	42
Lost Time Injury Frequency (LTIF)	0.26	0.31

Life Saving Rules Violations

YTD

Journey management	97
Speeding/GSM	36
Seatbelts	60
Overriding safety device	1
Working at heights	3
Permit	5
Confined space	1
Lock out tag out	1
Drugs and alcohol	1
Gas testing	0
Smoking	1
Suspended Load	0

Vehicle Class A/B Defect

YTD 31 Dec

Class A	310
Class B	4619

HSE TIP

If you always look out for what might harm you, then you are likely to avoid the unexpected injury. Stay sharp and stay safe.

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Important News



The Life Saving Rules and our Incidents

Some say that the Life Saving Rules solely relate to saving people's lives and that as the number of PDO work-related deaths are comparatively low there is too much emphasis placed upon them at the expense of other safety-related issues. Notwithstanding the fact that a single death of one of colleagues is one death too many, our incident investigations show us that these rules relate to far more than our work-related fatalities. Sure, they are the



the Life Saving Rules and yes, three Life Saving Rules were broken in two of our 2014 fatal incidents, but a quick scan through the lost time injuries which befell people working in PDO operations in 2014 shows 10 more of these rules were broken where people did not die. Yes, they suffered serious injuries but they are still alive today, mainly due to the help of "Lady Luck". It is also true that slightly differing circumstances could easily have resulted in their deaths as well.

What You Need to Know

Where did they come?:

The Life Saving Rules came about as a result of a major study in the oil and gas industry which analysed investigations from thousands of serious incidents between 1991 and 2009. They are based on the deaths of thousands in our industry and so should not be ignored.

Stepping in:

When faced with a potential conflict, it is natural for people to choose to 'walk by and look the other way' as it is the easiest option. Those choosing to intervene, the brave ones, overcome this instinct for the good of everyone. Go on, be brave and step in.

Learnings to come:

Q1 2015 - the Tool Box Talk (TBT) kit from the 2014 serious incidents
 Q1 2015 - the Line of Fire - Reflective Learning in the Interior
 Q1 2015 - the new AIPS Tier 1 data book
 Q1 2015 - the latest Asset Integrity-Process Safety fishbowl in the Interior
 Q2 2015 - the construction TBT kits (from the Ras Al Hamra project)



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HSE Advice Note

Over the past few years PDO has launched, re-launched and re-energised the Life Saving Rules and yet still our colleagues break them and suffer major injuries or death. The rules were developed from a study which covered 2,071 deaths from 1,586 fatal incidents over 22 years and also included 1,444 incidents which had a high potential of causing a fatality. These deaths have resulted in learnings which we all have a moral duty to respect and utilise to keep ourselves and our colleagues safe. If we ignore a Life Saving Rule then we are disrespecting those that lost their lives in the same way. Please learn from the mistakes of others, if nothing else.

So why do people not always follow the Life Saving Rules? A point to ask yourself is how much do your staff really understand them? Yes, we might be able to quote them if asked but do we all really understand them in any depth? Ask: what a newcomer understands by a piece of "Safety Critical Equipment"? What is a "Confined Space"? What is "Safe Journey Management" to a person new to Oman and PDO? Simply being able to state them does not mean we understand them. Take time out with your staff to make sure they really and deeply understand what they mean and how they relate to their individual roles, responsibilities and the work they are tasked to complete.

PDO's new investigation section have analysed the 2014 incidents and identified the most prevalent Life Saving Rules broken which led to death or serious injury as speeding, with six breaches, followed by poor working at height with three breaches; failing to log out and tag out came third with two breaches and then Safe Journey Management and Permit to Work breaches which both suffered a breach each. Too many people have lost their lives already from these risks, so always work with the thought in mind: "How can I be injured and how do I prevent myself being a victim?" Know your Life Saving Rules, live your Life Saving Rules and stay safe....and alive.

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I Comply... Do You?



القواعد المتبعة للحياة تحافظ على سلامتك
The Life Saving Rules Keep You Safe

