



HSE NEWS

WORKING FOR YOU TO KEEP YOU SAFE

Latest HSE Statistics YTD 18th Sept 2014

	2013	2014
Workplace fatalities	1	4
Non-work related fatalities	5	3
Non-accidental deaths (NADs)	6	10
Lost Time Injuries (LTIs)	34	43
All injuries (excluding first aid cases)	139	127
Motor Vehicle Incidents (MVIs)	102	73
Roll over - MVIs	28	18
Serious MVIs	N/A	N/A
Lost Time Injury Frequency (LTIF)	0.27	0.34

Life Saving Rules Violations

YTD

Journey management	
Speeding/GSM	
Seatbelts	
Overriding safety device	
Working at heights	
Permit	
Confined space	
Lock out tag out	
Drugs and alcohol	
Gas testing	

Vehicle Class A/B Defect

YTD 18th Sept 2014

Class A	243
Class B	3245

HSE TIP

Change your lifestyle, eat a healthy diet and exercise to dramatically improve your wellbeing, prevent disease and cut your healthcare expenses.

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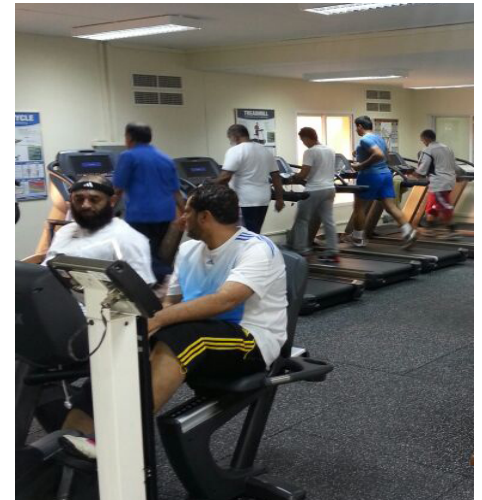
Important News



Our contemporary lifestyle, including overindulging in what and how much we eat, sitting behind a desk for long periods, watching TV instead of exercising, continues to take a toll on our health.

Reports suggest that employers generally are not helping situation and hence contribute to the trend:

- Some employers demonstrate little enthusiasm to invest a Rial today on wellness programmes and preventive care which could save hundreds of Rials tomorrow in healthcare fees or staff absenteeism.

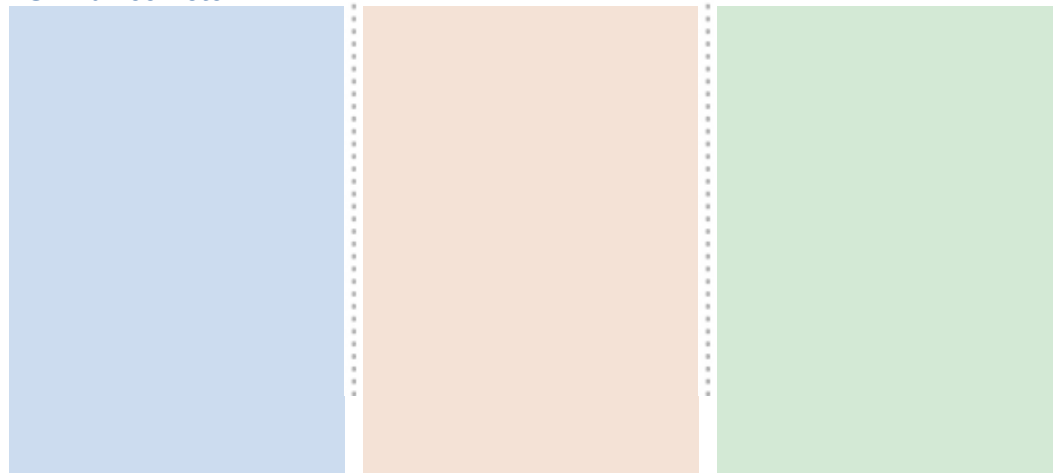


This in part due to the misplaced belief that the employee will have left the business a long time before serious diseases like cancer and heart disease develop.

Oman, and for that matter all of Gulf States, are witnessing a dramatic and worrying rise in obesity and diet-related diseases. In the past three decades, the percentage of those with obesity in the world has doubled and Oman has not been immune.

What You Need to Know

HSE Advice Note :





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HSE Advice Note

