

# HSE NEWS working for you to keep you safe

### Latest HSE Statistics YTD 30 May

	2013	2014	
Workplace fatalities	0	0	
Non-work related fatalities	0	0	
Non-accidental deaths (NADs)	0	0	
Lost Time Injuries (LTIs)	0	0	
All injuries (excluding first aid cases)	0	0	
Motor Vehicle Incidents (MVIs)	0	0	
Roll over - MVIs	0	0	
Serious MVIs	0	0	
Lost Time Injury Frequency (LTIF)	0	0	
Life Saving Rules Violations YTD 30 May			

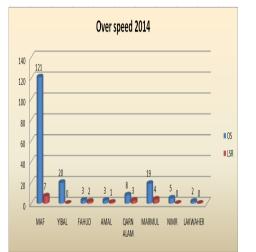
# Speeding0Speeding0Seatbelts0Overriding safety device0Working at heights0Permit0Confined space0Lock out tag out0Drugs and alcohol0Gas testing0Latest Class A/B Road ViolationsVTD 30May0Class A0RSE TIPChoose your speed, Choose your

Share it with a friend

## Important News



Driving forums is one of the tools that corporate road safety team is using to convoy road safety messages to driving community. The topics are changing from year to another based on the historical learning's from motor vehicle incidents occurred within the company operations and an urgent requirement of some of road safety related matters. For example last year we have covered long journeys, commuting and the requirement of the life saving rules and this year our main focus is on rollover incidents.



The Life Saving Rules are meant to save your life and the lives of others. Unfortunately, there is an increasing trend of staff not complying with the Road Safety Life Saving Rules; using mobile phones, not wearing seat belts and excessive speed while driving in the MAF area. We would like to bring to your attention that FINAL WARNING letters have recently been issued to a number of individuals in MAF. There is a Consequence Management for each Life Saving Rule violation For details please click here.

### What You Need to Know

D

<ul> <li>Slow down.</li> <li>Keep a safe distance.</li> <li>Hazard lights must be used.</li> <li>Never overtake in the dote distance.</li> <li>Never overtake in the dote distance dist</li></ul>			
<ul> <li>Keep a safe distance.</li> <li>Hazard lights must be used.</li> <li>Never overtake in the</li> <li>analyzing driver's behaviors and provide assistances to whom needed. Appropriate counselling sessions are</li> <li>Lekhwair driving forum.</li> <li>Tell a friend event.</li> <li>Participating in Qata conference.</li> </ul>	Oust Code tips:		
dust cloud.being conducted for over• Must observe the road for turns, curves or junctions.speeders and it shows lack of Life Saving Rules awareness and their consequences managment matrix.• Pull over if necessary.consequences managment matrix.• Only re-join the road when bothawareness and their consequences managment	<ul> <li>Keep a safe distance.</li> <li>Hazard lights must be used.</li> <li>Never overtake in the dust cloud.</li> <li>Must observe the road for turns, curves or junctions.</li> <li>Pull over if necessary.</li> <li>Only re-join the road</li> </ul>		



# HSE NEWS WORKING FOR YOU TO KEEP YOU SAFE

# **HSE Advice Note**

This graph sows PDO journey of more than 25 years which shows tremendous decline on road accidents frequency. This achievement happened only after implementing some initiatives as shown in the graph. From 2010 the frequency starts climbing up which gives a clear indication that the current tools cant drop the rate further down. Looking into the majority of our incidents, shows the main contributing factor is the human behavior and that's why we have initiated defensive driving training material which focuses more on mind skills rather than the physical skills.

The main key factors to this achievement are:

- Company management commitment and involvement in road safety initiatives and improvements.
- Clear standards on the driver and vehicle requirements as well as the load restraining specifications.
- Driving form conducted in all areas were open discussions held with the drivers on different driving aspects with attendance of an MDC member.

Fatigued driving:

Is basically forcing yourself to drive when you are tired or sleepy and statistics shows that it is one of the main factors to our MVI. Fatigue consequences:

- It impairs your ability to safely perform even basic-driving tasks.
- It decreases reaction time and affects your judgment.
- It can result in erratic-driving behavior.

To avoid fatigued driving kindly consider the following:

- Get an adequate amount of sleep each night.
- Avoid driving between 12 to 6 a.m. and 2 to 4 p.m.
- If you do become drowsy while driving, choose a safe place to pull over and rest.

